



Lifelong Learning for Adults
50 Years and Better!

Our Registration Period Begins Jan 16 at 9:00 AM



Chilliwack Elder College

Course Calendar

Spring 2017



Check Out Our NEW Spring 2017 Courses!

Learn how to blog or tell visual stories. Experience cultures through World Dance, stabilize in Strength Training or explore the outdoors in our new Hiking program. Expand your iPad skills or figure out how Windows 10 really works! Learn about hearing loss or how to speak Spanish. Avoid accidents and down-size your garden. Details inside!



Register Online

It's Fast, Easy & Convenient!

Go to: www.chilliwackeldercollege.ca

Online payment options include VISA, MasterCard, VISA Debit and E-Check



Register by Phone

Call us at 604-702-2611

Phone payment options are the same as online payment options



Register In Person

We have limited capacity for in person registration

See page 15 for more information

In person payment options include cash, cheque & all online payment options



Serving Our Community Since 1999

In proud partnership with the...

www.chilliwackeldercollege.ca



Our Mission



To provide adults 50 and older with access to educational and learning opportunities that enrich their lives and expand their knowledge.

Love to Learn? Interested in New Experiences?

Why not see what Chilliwack ElderCollege has to offer? We exist to provide outstanding learning and growth opportunities for adults 50 and better. We feature a relaxed approach to learning with fun and stimulating courses presented by outstanding instructors, including many UFV faculty members. Most classes are held at the UFV Canada Education Park Campus during our Fall and Spring semesters. Our courses are non-credit and there are no exams or grades! Gain new skills, experience new adventures, meet new friends and enjoy the many benefits of lifelong learning!

How Do I Join?

Anyone 50 years old or better may join! Our annual membership fee is \$12.00 and is valid from January 1 to December 31. To purchase a membership, click the '**Membership**' tab on our website. An ElderCollege membership is required to register for our courses. Some local businesses may offer student rates to our members. We are a financially self-sufficient not-for-profit organization through the membership and course fees we charge.

Chilliwack ElderCollege Annual General Meeting

As a member of Chilliwack ElderCollege, you are invited to attend our Annual General Meeting - Wednesday, April 19, 2017 at 2:00 PM
UFV Canada Education Park Campus - Building A - Room TBA

Contact Us

Website: www.chilliwackeldercollege.ca
Email: elder.college@ufv.ca
Call: 604-702-2611



UFV Canada Education Park Campus
Room A1367 - 45190 Caen Avenue
Chilliwack, BC V2R 0N3

Office Hours:
Tuesday + Wednesday + Thursday
—> 9:00 AM - 3:00 PM <--



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Active Participation

Our Active Participation courses require varying exertion levels. Please read the descriptions carefully to make sure you can safely participate in the activity. **All off-site courses require signed waivers prior to participation in 1st class.**

AP1: World Dance

6 Sessions

1:00 PM – 2:20 PM

Fridays

Room A2106

Ariel Eastman

Feb 3 – Mar 10

\$45

New!

Join Ariel as she takes you on a trip around the world through dance! She is an accomplished dance instructor and dancer who will teach a variety of dances including Texas Line Dance, Multi-Cultural, Disco and Swing. No partner or experience necessary. Wear comfortable shoes and come prepared to dance, regardless of physical challenges!

AP2: Strength Training

4 Sessions

1:15 PM – 2:15 PM

Tuesdays

#106 - 45778 Gaetz Street

Kayla Van Egdome

Feb 21 – Mar 14

\$50

New!

A strong core and good balance can prevent falls. Learn proper form and technique for safe and effective exercise so you can improve your strength, balance, mobility and energy levels! Dress ready to workout – wear comfortable clothes that do not restrict movement and running or walking shoes.

All participants must be able to walk unassisted and answer "no" to all questions on the PAR-Q questionnaire to be provided. **An off-site waiver form must be signed prior to participating in the first class in this course.**

AP3: Taoist Tai Chi® Arts

4 Sessions

1:00 PM – 2:30 PM

Mondays

#25-8635 Young Road

Maggie Robertson

Feb 6 – Feb 27

\$35

Please join us for an introduction to the *Taoist Tai Chi®* arts. These ancient arts are known to transform body and mind. The gentle, meditative movements will help you to find balance and flexibility in the body, as well as calmness and peace of mind. An accredited volunteer instructor will teach the sessions. Please wear comfortable clothing and flat shoes. **An off-site waiver form must be signed prior to participating the first class in this course.**

AP4: Learn to Curl

6 Sessions

10:00 AM – 11:30 AM

Chilliwack Curling Club

Fridays

9241 Corbould Street

Feb 10 – Mar 17

\$35

Curling is a fast growing, fun and social sport you can learn as an older adult! You will receive excellent personal coaching from the expert helpers at the Chilliwack Curling Club. All equipment is supplied including stabilizers and sticks to assist with rock throwing. Note: Ice sweeping requires moderate exertion. Wear flat shoes and dress in comfortable clothes for the cooler temperatures. **An off-site waiver form must be signed prior to the attending first class in this course.**

Back to Nature Interpretive Hikes (cont'd)

AP7: Hiking Level 3 - Advanced Interpretive Hikes

Guide: Ken Hurley

7 Sessions

Thursdays Feb 23 – Apr 6

10:00 AM to 2 or 3:00 PM Various Locations

\$45



Mandatory Orientation Session:

Thursday, Feb 23 ~ 10:00 AM - 11:20 AM ~ Room A1314

This advanced hiking course is for the adventurous student who regularly jogs, cycles, hikes or climbs and who wants to challenge themselves and go to places that are less travelled but still on established trails. The average grade will generally be less than 20% and the round trip distances generally don't exceed 20kms.

Examples of possible hikes include: Needle Peak, Green Drop Lake, Pierce Lake, Radium Lake, Skagit River Trail, Elk/Thurston, Mount Cheam and Bear Mountain.

All Level 3 students must attend the first orientation and assessment class and sign an off-site waiver form prior to participating in this course.

AP8: Class-On-A-Bus: A Level 1 Day Hike to Minnekhada Regional Park with Ken Hurley

1 Session

Sunday, Apr 2

8:30 AM - 4:00 PM

\$75

Meet Location: Sears Parking Lot at the Cottonwood Mall by the doors facing Luckakuck Way at 8:30 AM SHARP

Join Ken on this fun and fascinating class-on-a-bus and discover the history and beauty of the Minnekhada Regional Park! Did you know that the Minnekhada area once hosted and entertained royals, celebrities and politicians? Ken will provide a historical context and then guide us through diverse activities including marsh side trails, the High and Low Knoll Loop trail with spectacular views of the Pitt River and Pitt Addington Marsh Wildlife Management Areas. This class-on-a-bus involves a easy walk with a short, optional climb to Knoll Viewpoint. Please pack a lunch and beverage. You can purchase coffee, tea and hot chocolate at the Minnekhada Lodge. Students must be able to walk for at least 30 minutes. **An off-site waiver form must be signed prior to participating in this class-on-a-bus course.**

Is This Your First ElderCollege Course?

Why not consider making a 'trial run' before your first class? You can locate your classroom, explore parking options and buy parking day passes all in advance. Drop by during our office hours starting Jan 4, 2017. We look forward to seeing you!

Updated Terms and Conditions

We've updated our Terms and Conditions. Please review and understand them before purchasing a membership or course. See Page 13 for more details.

The Arts

AR1: Tell Your Story Visually

6 Sessions

11:30 AM – 12:50 PM

Thursdays

A1355

Marilyn Connolly

Feb 9 – Mar 16

\$40



We are so pleased to introduce Marilyn Connolly, a very talented and recently retired art teacher who has agreed to instruct at ElderCollege! Marilyn's course is based on her belief that art is a way of telling your story. From collage examples to contemporary painting techniques, you will learn to manipulate images, text and drawings to create meaningful art. The six lessons will include selecting and drawing real objects as metaphors, exploring a variety of ways to create images, adding photos to your paintings and using text in your work. You will work from your strengths and Marilyn will help you explore skills you would like to improve. **Please bring a sketchbook and your favorite drawing tools. Your final project will be in the materials of your choice.**

AR2: Classical Music - 1750 -1820

6 Sessions

11:30 AM – 12:50 PM

Wednesdays

A2213

Rowland Amos

Feb 8 – Mar 15

\$40

Rowland Amos is back to teach his VERY popular Music Appreciation course! He invites you to join him as he explores the music of classical composers such as C P E Bach, J C Bach, Stamitz, Haydn, Mozart, Boccherini, Gluck and others. Rowland will also explore how the music of Schubert and especially Beethoven transitioned into the Romantic period. Don't miss out!

AR3: Gardening in Smaller Spaces

2 Sessions

10:30 AM – 11:50 AM

Mondays

10015 Young Rd N

Brian Minter

Mar 13 & 20

\$25



Down-sizing can be an issue in our homes AND gardens! What can we grow on balconies and in small spaces? Who better to help us solve this 'space challenge' than Brian Minter? Join us at Minter Country Garden for this fun & interesting exploration of 'growing small'. Brian will discuss successful strategies for growing herbs, vegetables and flowers in creative containers. He will also discuss innovations in 'vertical gardening' and suggest a variety of trees, shrubs and the newest perennials and annual plants that will thrive in any small space!

AR4: Introduction to Improv Comedy

6 Sessions

11:30 AM – 12:50 PM

Tuesdays

A2106

David Hobson

Feb 21 – Mar 28

\$40

David Hobson is back by popular demand to instruct this highly interactive, practical and fun-filled course! He will show you innovative and effective ways to use improv comedy skills in everyday situations. Liven up your conversations with quick-witted responses and lighten the mood with an 'off-the-cuff' remark! If you like to laugh while learning and want to learn new and practical skills, this course is for you!

The Arts

AR5: Theatre Experience – Bakkhai: A Classic Greek Tragedy

Raina von Waldenburg - Director 2 Sessions \$ 40

Mar 16 + Mar 19 UFV Performance Theatre ~ 45635 Yale Road

Mar 16: 'Behind the Scenes' Class 10:00 AM - 11:30 AM

Please Note: The date for this 'Behind the Scenes' Class is tentative. Please check our online store before registering to confirm the actual date of this class. Thank you.

Mar 19: Matinee Performance 2:00 PM

Experience the theatre in a whole new way in 2017! Begin with a 'behind the scenes' class led by members of the design and directing team of Bakkhai. Come ready with your questions about their contemporary interpretation of this classic Greek tragedy! Armed with this very unique perspective, you are sure to enjoy yourself on Sunday when you attend the matinee performance of Bakkhai. You will receive your matinee performance ticket at the Thursday class. Encore!

Learn By Doing

LD1: Spanish Level 1

6 Sessions

10:00 AM – 11:20 AM

Fridays

A1316

Francisco Armengual

Feb 3 – Mar 10

\$60 (includes textbook)

Francisco has designed this course for students with no prior exposure to Spanish – you either do not know ANY Spanish or know a few words or expressions. Francisco will provide students with grounding in basic Spanish language skills, paying special attention to pronunciation, grammar and vocabulary. By the end of the course, you should be able to identify yourself and others (origin, occupation, physical features and personality characteristics); express emotions, state of mind and possession; tell the time and use time/weather expressions; talk about daily activities using regular verbs in present tense; and describe locations of people and things and counting. Course fees include a **non-refundable** required textbook.



LD2: Spanish Level 2

6 Sessions

11:30 AM – 12:50 PM

Fridays

A1316

Francisco Armengual

Feb 3 – Mar 10

\$60 (includes textbook)

This course continues where Spanish Level 1 leaves off! It will further develop your spoken Spanish and also cover Spanish grammar and vocabulary. Students will increase their vocabulary to become more comfortable talking about daily activities and routines using regular and irregular verbs; communicate their likes and dislikes, hobbies and pastimes; express time and obligation; and talk about family. By the end of this class, the student will be able to confidently express daily routine activities (including reflexive verbs) using the present tense (regular and irregular verbs) and talk about ongoing actions (present progressive). Students will recognize and use direct object pronouns to replace information that is already known by the speaker and listener, and students will communicate past experiences using the preterit (regular verbs). Course fees include a **non-refundable** required textbook.

Learn By Doing

LD3: Improve Your Bridge Game **Fred Robbins**
6 Sessions **Tuesdays** **Feb 7 – Mar 14**
1:00 PM – 3:30 PM **A1316** **\$45**

Fred Robbins is back by popular demand! This course is for the experienced bridge player who would like to take their game to the next level. If you would like to learn how to master a few simple conventions, play better hands both offensively and defensively and consistently reach your games and slams, then this course is for you!

LD4: Genealogy: The Search Continues! **Marlene Dance**
6 Sessions **Saturdays** **Feb 18 – Mar 25**
9:00 AM – 11:30 AM **A1355** **\$45**

Marlene has over 45 years experience in this field and has been instructing this popular ElderCollege course since 2009! Researching your family tree is an amazing history lesson and it never ends. Much new data are being updated online but don't forget the tried and true! Marlene will focus on exploring North America, Great Britain, Ireland. Topics include accessing archives, vital statistics, census records, migration patterns, immigration records, military records, land grants & criminal records using public libraries, Facebook, family history societies, subscriptions to genealogy magazines, computer software, old photos and family stories. Marlene will help you interpret what you find! You may bring a laptop or tablet as long as you have keyboarding, email and basic internet searching skills. All handouts after the first class will be emailed.

LD5: First Aid Skills for Older Adults **Neil MacLean**
2 Sessions **Saturdays** **Feb 18 + Feb 25**
9:00 AM – 12:00 PM **A1360** **\$35**

Do you know how to handle a medical emergency? Are you living with someone who has a medical condition? Neil will expertly instruct this first aid course and introduce you to basic CPR and automated external defibrillator (AED) use. Topics healthy lifestyle choices, adult and infant choking, how to deal with bleeds, recognizing the signs of a stroke or heart attack. This class is hands on and requires some physical exertion. Wear comfortable clothes. With Neil leading, this class will be both fun and VERY informative! Bring a snack & drink for the break!

LD6 +LD7: Exploring Greek Cuisine! **Chef Bruce Corbeil**
1 Session **Saturday** **LD6: Feb 18 OR LD7: Mar 18**
9:00 AM – 2:00 PM **Trades & Technology Center Kitchen**
5579 Tyson Road **\$50**

Explore the islands of Greece through their delicious and exotic cuisine! Join Chef Bruce as he teaches you how to prepare unique, mouth-watering Greek dishes to impress your friends and family! The best part is you get to eat what you cook and take home all the leftovers to enjoy and share! Bring your Apron, your Appetite and LARGE containers for leftovers! **OPA!**

Study and Discussion

SD1: An Ounce of Prevention...Avoiding Falls, Fraud, Fires and Accidents **Various Presenters**

4 Sessions **Fridays** **Feb 3 – Feb 24**
10:00 AM – 11:20 AM **A1360** **\$40**



We all know the saying 'an ounce of prevention is worth a pound of cure!' From the time we leave our bed in the morning to the time we return there at night, we are exposed to many avoidable 'catastrophes'. Would you like to learn key prevention strategies from local experts? This 4-session course is for you! Did you know falls are the leading cause of injury for older adults, and are the main reason we lose our independence? In **Session 1**, join local experts Dr. Chantal Chris and the Fire Department's Public Educator Lisa Axelson to learn key strategies to prevent falls. In **Session 2**, Constable Nathan Berze from the Chilliwack RCMP will answer your questions about internet and personal fraud & scam prevention. In **Session 3**, Peter Kuhr, popular Fire Inspector and Educator, will talk about technology, hazards and fire code changes and what YOU need to know to keep you & your family safe in your home. In the **final Session**, Chilliwack's Public Safety Specialist, Samantha Piper, will partner with an RCMP Traffic Officer to discuss roundabout use, motorized wheelchairs, pedestrian safety, the new 'slow down and move over' law and much much more! Don't miss out on this one!

SD2: Brain Basics: A Beginner's Guide **Dr. Zoe Dennison**

4 Sessions **Wednesdays** **Feb 22 – Mar 15**
11:30 AM – 12:50 PM **A1426** **\$40**

We all have one, but do we really understand how our complex brains actually work? Join popular ElderCollege instructor Dr. Zoe Dennison as she demystifies and explains! Over four sessions, she will cover the basic facts of brain structure and function, some details of communication in the brain (neurotransmitters and action potentials, oh my!), and an overview of a few complex systems. Students will decide which complex systems to explore - you will choose two from vision/visual perception, memory, language, consciousness, or psychopharmacology. The lectures will be aimed at the beginner, and any specialized terms will be explained.

SD3: Hearing Loss: How We Hear & Why We Don't

Dr. Lorne Hanson
4 Sessions **Tuesdays** **Feb 7 – Feb 28**
10:00 AM – 11:20 AM **A1354** **\$40**



Dr. Hanson has a unique and highly qualified perspective on hearing loss –he was a clinical professor at the College Medicine at the University of Saskatchewan and he has bilateral cochlear implants! If you or someone close to you suffers from a hearing impairment, this course will provide basic information and an opportunity to ask questions. Dr. Hanson will discuss the frequency and types of hearing loss and how we hear. He also will cover the anatomy of the human ear, the types and causes of hearing loss. He will review correctable hearing loss, hearing assistive devices, hearing as a 'couples' problem and how you can help the hard of hearing.

Study and Discussion

SD4: Connecting People with Chilliwack's History

Matthew Francis

New!

4 Sessions

Mondays Feb 27 – Mar 20

1:00 PM – 3:00 PM

45820 Spadina Ave

\$40

Exciting news for all you ElderCollege history buffs! Matthew Francis, Executive Director of the Chilliwack Museum and Archives, has offered to host this 4-session local history course at the Museum and Archives. Join him as he discusses:

1. People of the River - Sto:lo culture, land, and life **2.** Euro-Canadian Contact and Settlement in the Chilliwack Region **3.** Floods and Wars, Berries and Hops - Personalities and Places in Chilliwack's History **4.** Creating a Future for our History - Behind the Scenes Tour of the Chilliwack Museum, Archives, and artifact centre.

There will be a short break at 2:00 PM so bring a snack. Be sure to check this out!

Travel with Me & Tapestry for Thought

Thank you for your feedback this past semester! You have asked us to schedule Travel with Me and Tapestry for Thought on the same day of the week, in the same time slot, but to run one course first, then the other. You also asked us to hold these 2 popular courses ONLY in the tiered classroom. We did it! This semester, Travel with Me will be held first, followed by Tapestry for Thought. We reduced the number of sessions to 5 for each course so both can fit within our semester. We also reduced the price by \$5.00 to \$40. We hope you will try this new format and share your feedback with us!

Please Note: the opinions expressed by ElderCollege presenters do not reflect those of ElderCollege. We support the concept of academic freedom and freedom of expression.

SD5: Travel With Me

5 Presenters

5 Sessions

Wednesdays Feb 1 – Mar 1

1:00 PM – 2:20 PM

A2201

\$40

Join us as we circle the globe from the comfort of our classroom! Our adventures will take us from Iceland with Doug Jackson to Tanzania and the Serengeti with Clint Hames! We will also see New York City from a unique perspective as part of a study tour conducted by Steve Marsh, a very popular ElderCollege presenter. New presenters Priya and Zahir Mir will share their exotic vacation in Ghana, South Africa and Victoria Falls, while Mary-Ann Clift will show us there's more ways than one to travel as she shares her experiences in Haiti as part of a health tour.

SD6: Tapestry for Thought

5 Presenters

5 Sessions

Wednesdays Mar 8 – Apr 5

1:00 PM – 2:20 PM

A2201

\$40

We are considering a number of topics for this semester including the history of hops in Chilliwack, the rise of right wing parties in western democracies, Canadian women in world war II, impact of social media and bridging the inter-generational communication gap by addressing ageism. Sessions will be confirmed in our online store by Jan 12, so please check back with us!

Technology & Photography

TP1: Getting Started with Windows 10 Joanna Black

6 Sessions

Wednesdays

Feb 8 - Mar 15

10:00 AM – 11:20 AM

A1316

\$50

New!

The amazing Joanna Black is BACK! If you have Windows 10 (whether you wanted it or not!) and need to find your way around it, this course is for you! Find out what's new and how to find what was on your computer before the upgrade. You will need to be confident using your mouse and keyboard and have access to a Windows 10 PC to practice on between lessons. This course is taught in a regular classroom. UFV's computer labs still use Windows 7. It would be ideal, but not mandatory, if you had a Windows 10 laptop to bring to class. Joanna will contact you prior to the first class to discuss this in more detail. This course is also relevant to people who are considering upgrading to Windows 10 and want to understand it better before taking the plunge. If this is the case we will not expect you to be able to practice between classes, although if you can, that would be a bonus!

TP2: Personal Computers Level 2: Finding Your Way Around Your PC Joanna Black

6 Sessions

Tuesdays

Feb 7 - Mar 14

10:00 AM – 11:20 AM

A0024

\$50

Would you like to learn how to manage your computer files more effectively? If you use your computer frequently and have strong mouse & keyboard skills, then this is the course for YOU! We will focus on electronic file management for documents, emails and photos. You will create an e-folder structure to store & access files. You will learn how to retrieve and save information and files from a website and from email. Password management and file back-up options will be discussed. This course is held in a personal computer lab using the **Windows 7** operating system. Joanna will discuss options for bringing your own files from home to work on in class. Repeat students are welcome! **Home access to a PC and the internet is essential to practice new skills between classes. All handouts will be emailed to students.** Joanna will contact you prior to the first class to make sure this is the right class for you and answer any questions you may have.

TP3: MacBooks: A Basic Introduction Vicki Aker

6 Sessions

Mondays

Feb 6 – Mar 13

1:00 PM – 2:20 PM

A1360

\$50

Finally a course for all you Mac users! This course is designed for beginner MacBook laptop users and will focus on: parts of the laptop, basic computer terminology, basic mouse and keyboarding skills and how to customize your Mac to suit your needs. We will also cover a basic introduction to windows, accessing the internet using Safari, accessing email with Mail, and basic text editing using Pages. We will review password management and how to back up your files. **You must bring your own MacBook laptop and charger to each class. Home access to the internet is essential to practice new skills between classes.** Vicki will contact you prior to the first class to ensure your operating system is current, make sure this is the right class for you and answer any questions you may have.

Technology & Photography

TP4: iPad Level 2: Intermediate Skills

Mike Ball

6 Sessions

Wednesdays

Feb 8 –Mar 15

10:00 AM - 12:00 PM

A0018 (basement level)

\$50



Mike is back and ready to help you take your iPad use to the next level! He will delve deeper into the Apple-supplied apps such as Keynote, Numbers, Pages and iCalendar. Mike will expand on the use of iCloud and iCloud Drive and devote a session to iTunes, the music app. As always, Mike will welcome your questions! Bring your iPad Generation 3 or newer along with its charger. **Home access to the internet is essential to practice new skills between classes.**

TP5: Blogging: The Hobby of the Century!

Amanda Rallings



6 Sessions

Thursdays

Feb 16 - Mar 23

11:30 AM – 12:50 PM

A1314

\$50

It has been long understood that hobbies have positive psychological benefits; they give us a creative outlet, and improve the way we see the world. Blogging can be a hobby in itself, or a means to share a hobby with the online community. There is no limit to what you can blog about, but the most successful blogs come from a place of passion and genuine interest in a topic, coupled with good imagery and quality writing. In this course, we will touch on all the facets of what a blog is and what makes a blog successful. By the end of the course, each student will have their own blog published and the ability to continue writing posts on their own. If this sounds intimidating, don't worry. We want you to focus on the fun parts of blogging and have designed this course so that even the newest to the world of technology will feel comfortable. You will bring your portable device (laptop or tablet) to class to work on your blog or work between classes on a desktop device and bring your work to class.

TP6: Creative Digital Photography

Victor Froese

6 Sessions

Tuesdays

Jan 31 - Mar 7

10:00 AM – 11:20 AM

A2213

\$50

Victor is back by popular demand to instruct at ElderCollege! In this **intermediate** photography course, the assumption is you have completed a previous photography course and/or know how to use the various features of your camera. Ideally your camera is a digital single lens reflex camera (DSLR) or a mirrorless camera with interchangeable lenses. Please contact us if unsure your camera is suitable for this course. Victor's 6-week course will focus on creating pleasing images with your digital camera. The emphasis will be on learning to "see" images, to become aware of how our eyes see differently from the camera, and to produce an image with the camera that we think we see (a mental process). The course is hands-on with live demonstrations, photo sessions on campus, and the sharing of your work on a weekly basis. The outcome should be you will have created at least one print that you are proud to hang on your wall!

Updated Terms and Conditions

We have updated our 'Terms & Conditions'. These are the terms and conditions you agree to when you register for a course or purchase a membership from Chilliwack ElderCollege. If you purchase a course or membership online, these are the terms and conditions you agree to when you check this box:

I accept the [Terms and conditions](#)

Please take a moment to familiarize yourself with these new terms and conditions and contact us if you have any questions or concerns **before** registration begins and **before** making any purchases. Thank you.

Privacy: All Chilliwack ElderCollege activities are carried out in accordance with the **Personal Information Protection Act [SBC 2003] CHAPTER 63.**

Members are responsible to read all course descriptions carefully and ensure you possess any pre-requisites and/or physical abilities described as required by the course they register for.

When registering online, you are responsible to remember your account password. When logging into your online account, please **RESET** your password if you forget it. Do not create a duplicate account. This results in considerable administrative time to correct. Please contact us if you need help to avoid this potential problem.

Members are responsible to check the course schedule carefully to avoid 'double-booking' into more than one class scheduled at the exact same time.

Refunds are available if a member withdraws from a course 48 hours prior to the first class. Course fees are refundable in the same form paid in, less a **\$5.00 administration fee per course**. Course fees are not refundable once the course begins. **Course textbooks are not refundable.**

If a course or trip is cancelled by ElderCollege, you will receive a full refund. ElderCollege cannot refund prepaid expenses such as art course supplies purchased by the member.

Membership fees are non-refundable.

Members agree to participate in processes such as attendance taking and providing emergency contact information during registration. They also agree to sign required waiver forms for all off-site courses as requested.

Membership Cards are issued upon request and picked up in the ElderCollege office during regular business hours.

Course Calendars are emailed to all members. All members will also receive a course calendar through Canada Post. If requested by the member, their name will be removed from the Canada Post mailing list if they do not wish to receive a hard copy of the course calendar.

Waitlists are automatically created once a course is full. We will email and call you as soon as a spot becomes available. Please contact us within 24 hours to confirm your spot.



Parking Information



Please read this important parking information carefully to avoid fines

It's sad but it's TRUE! Each semester, at least one ElderCollege student receives a parking violation ticket from Impark, the company contracted by UFV to operate the parking lots. Parking near Building A may be difficult to find and you may need to walk a full block to reach classroom. Why not consider carpooling? Or maybe a friend or family member could drop you off and pick you up!

Disabled parking: With an official & valid disabled parking pass, you can park in any stall at no cost if the handicapped stalls are full.

Public Transportation: There is a bus stop on Caen Avenue in front of Build A. There is a regular route from Chilliwack on Bus #1.

If you plan to drive to ElderCollege, please remember these important parking rules:

1. Pay parking is in effect 24-hours a day, 7-days a week at the Canada Education Park campus. This is the campus where most ElderCollege courses are held.
2. If your course is on a Saturday, pay parking **IS** in effect.
3. When you come to ElderCollege, you are a **student**. You may park in stalls designated for students only. **Read parking lot signs carefully. A parking violation ticket can be issued if you park in a staff or handicapped designated stall.**
Impark handles all questions about violation tickets.
4. **Lot #7** always has empty stalls for your parking pleasure! You may have to walk a full block to reach your classroom, but you will **ALWAYS** find an empty stall. Lot #7 is located on the corner of Caen Avenue and Dieppe Street. Why not check it out?
5. Daily parking permits are available for purchase at the ElderCollege office for \$2.00. With this day-parking pass, you can park in any student for a full day. It's a great deal!
6. You can also **pay by phone** for daily parking at 1-866-234-7275.
7. The 3rd option is to use a **parking permit dispenser found inside each entrance**. Fees range from \$1.00 for two hours to \$4.00 per day. Exact cash or credit cards accepted.



For more detailed parking information, please visit the UFV website.

Ways to Register

Our registration period begins on Monday, Jan 16 at 9:00 AM for all registration methods. Registration continues until courses begin. With the exception of our Cooking Class, our courses rarely fill up in the first few days of registration, so there's no rush! Visit www.chilliwackeldercollege.ca to check out our courses.

Choose the Method That Best Suits YOU!



Online:

More than 40% of ElderCollege students registered ONLINE last semester! **It's fast, easy and VERY convenient!** Register from the comfort of your home or while you are out & about. All you need is a computer or portable device such as a laptop, tablet or smart phone, and access to the internet. It's fast & easy! Avoid phone delays and line ups and sign up for your online ElderCollege account **TODAY!**

Visit www.chilliwackeldercollege.ca to activate your account.

You are now ready to register and pay for courses online. It's that easy!

Review the **online registration guide** for more details or call us at 604-702-2611. We are here to help! Online payment options include

VISA, MasterCard, VISA Debit and E-Check.



By Phone:

Call us at 604-702-2611. If our lines are busy, please try your call again or consider registering online.

Phone payment options are the same as online payment options.



In Person:

We have limited capacity for in person registration at the office. We apologise in advance for any delays you may experience, especially on the first day of registration. We appreciate your patience!

In person payment options include cash, cheque and all online options.

Need Help With Online Registration?

Ask for help if you run into a problem! We are here to assist you. Why not explore our new website & online store with one of our online experts before Jan 16? Activate your ElderCollege online account, purchase your 2017 membership and learn how to find the courses you are looking for. Plan ahead and enjoy a stress-free and fun registration experience!

Contact Us!

ElderCollege's Member Services Team is here to assist you! Please contact us if you have any questions or need help going online.

Do you have feedback for us? Maybe you'd like to suggest a new course or perhaps you would like to **instruct** a course or present at Tapestry for Thought or Travel with Me? Contact Us!

We are currently seeking instructors for **Conversational French, German and Photoshop Elements** for the Fall 2017 Semester. Would you like to join the ElderCollege Instructor team? Contact Us!

Do you have **graphics experience**? For example, with Adobe InDesign? Have you produced course calendars like this before? Are you interested in producing this course calendar for ElderCollege next semester? Contact Us!

Website: www.chilliwackeldercollege.ca

Email: elder.college@ufv.ca

Call: 604-702-2611

**Chilliwack ElderCollege
UFV Canada Education Park Campus
Room A1367 - 45190 Caen Avenue
Chilliwack, BC V2R 0N3**

Office Hours:

Tuesday + Wednesday + Thursday

—> 9:00 AM - 3:00 PM <--

Please Note: We are closed on all STAT holidays, the last 2 weeks of December and from approximately April 21 to August 31 each year. Please check our website or call to confirm dates closed each year.



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